

PREVENTION EDUCATION SERVICES

The Prevention Education Department educates communities in Nassau and Suffolk Counties by conducting an extensive range of primary and secondary education presentations to a wide array of audiences and provides on-the-spot education about HIV/AIDS, Sexually Transmitted Diseases (STD's), Hepatitis, and substance use; HIV counseling and testing, fast-track admission into substance abuse treatment and referrals to one of our mobile outreach programs.

Our educators tailor each presentation to the audience's educational needs and level of understanding.



PREVENTION EDUCATION SERVICES

For more information on any of
LIAAC's prevention education
programs or services, please
call the hotline at:

**1-877-TO-LIAAC
(1-877-865-4222)**

or visit:

www.LIAAC.org



**The Long Island Association
For AIDS Care, Inc. (LIAAC)**

Presents:

PREVENTION EDUCATION SERVICES

- Train-the-Trainer
- Client Speaker Program
- Adolescent Peer Education
- Focus on Youth
- Street Smart
- Healthy Relationships
- Seasoned Adult Project
- High Risk Heterosexuals

**LIAAC
60 ADAMS AVE.
HAUPPAUGE, NY 11788**

LIAAC is a community-based, 501(c)(3) not-for-profit agency, which provides current information, screened referrals, educational programs, and direct services to both Nassau and Suffolk County residents who are concerned about HIV/AIDS.

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Long Island
Association for AIDS Care, Inc.
provides services
for all Long Islanders

FROM ELMONT TO MONTAUK

PUBLICATIONS

LIAAC publishes and distributes its own brochures and publications designed for the diverse communities it serves. In addition, LIAAC distributes materials published by the New York State Department of Health (NYSDOH), the Centers for Disease Control and Prevention (CDC), and other government agencies.

TRAIN-THE-TRAINER

LIAAC's train-the-trainer programs educate professionals about HIV/AIDS prevention so they can conduct their own programs in their communities. LIAAC educators train faculty/staff on HIV prevention, transmission, testing, disease progression and presentation skills.

PARENTS & CAREGIVERS

LIAAC educators have developed a curriculum that educates parents/caregivers and adolescents respectively about sexuality, drug use and HIV/AIDS prevention. LIAAC's educators offer their expertise to help foster communication between parents/caregivers and their children on these complex issues.

HIV/AIDS OVERVIEW

These general education programs are offered as 40-90 minute presentations addressing basic HIV/AIDS facts such as prevention, transmission, disease progression and treatment.

CLIENT SPEAKER PROGRAM

Client speakers are clients of LIAAC who are either infected with HIV or affected by the disease. Educators train client speakers to share their personal stories with program participants. Upon request, a client speaker can be invited to accompany an educator to share their story at an education intervention. By sharing their personal experiences, client speakers strengthen LIAAC's prevention messages.

ADOLESCENT PEER EDUCATION

Peer programs train adolescents to educate other adolescents about HIV/AIDS. LIAAC educators are available to conduct the 8-hour peer education training in one full day or over the course of a few days. Once adolescents are trained as peer educators, LIAAC staff offer technical assistance to provide updated HIV/AIDS information and to support the peer educators.

FOCUS ON YOUTH

Focus on Youth is a community-based seven-session HIV/STD prevention program for high-risk youth. Focus on Youth covers topics and skills pertinent to prevention such as: correct use of condoms; decision-making, refusal and communication skills; abstinence; and sex and drug pressures faced by youth. This program uses fun, interactive activities such as games, role-plays and discussion to convey prevention knowledge and skills.

STREET SMART

Street Smart is an HIV/AIDS and STD prevention program for runaway and homeless youth ages 11-18. This skills-building program has specific goals on HIV/AIDS, STDs, pregnancy prevention, coping and negotiation skills, personalized risk behaviors and reducing substance use. It is conducted over a six to eight week period consisting of nine group sessions and one individual session.

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HEALTHY RELATIONSHIPS

Healthy Relationships is a five-session, small group intervention for men and women living with HIV/AIDS. Healthy Relationships addresses participants' HIV status, disclosure skills, and safer sex negotiation skills. Sessions involve both the practice of coping skills and motivational feedback. Participants see behaviors modeled for them, practice those skills, receive feedback, re-evaluate their behaviors and with the help of the intervention group, develop strategies to maintain satisfying relationships while protecting both themselves and their partners.

COUNSELING, TESTING & REFERRAL

The objective of the Counseling, Testing and Referral program is to provide at-risk individuals with rapid HIV testing and counseling, a risk assessment and appropriate risk reduction plan, and to facilitate access to needed services through referrals. Program staff work with HIV-positive clients to identify individuals in need of HIV testing.

SEASONED ADULT PROJECT

The Seasoned Adult Program is designed to prevent and reduce substance abuse and the transmission of HIV, Hepatitis C and other infectious diseases. The project seeks to provide HIV and Hepatitis C prevention, testing, and referral services, as well as provide linkages to substance abuse treatment to at-risk ethnic and/or racial minority older adults (aged 50+). Our goals include increasing community awareness and involvement in the escalating problem of HIV infection and substance abuse in the 50+ population on Long Island.

HIGH RISK HETEROSEXUALS

This program is designed to offer HIV/HCV/STI testing and services to racial/ethnic minority males and females who identify as heterosexual who are living/frequenting high need areas of Nassau/Suffolk counties that have a disproportionate burden of HIV/HCV/STI. Conduct screenings for STI's such as chlamydia and gonorrhea utilizing urine testing.