

# GOT PrEP?

**Pre-Exposure Prophylaxis**  
Protection from HIV for You

## 5 THINGS YOU SHOULD KNOW ABOUT PrEP:

- 1** **PrEP** is an HIV prevention strategy in which HIV-negative people take an Antiretroviral medication (Truvada), to reduce their risk of becoming HIV infected. HIV testing and counseling is done before starting PrEP and your medical provider monitors you every 3 months.
- 2** **PrEP** protects against HIV infection much like a malaria pill protects against malaria or a birth control pill protects against pregnancy.
- 3** If you experience side effects, you can get assistance to treat them by your provider.
- 4** Many insurance plans, including Medicaid, will cover **PrEP**. Other assistance may also be available if you are uninsured or if your co-pay deductible is too high.
- 5** **PrEP** does not protect against other sexually transmitted infections (STIs) or pregnancy and is not a cure for HIV

## Can Anyone Use PrEP?

**PrEP** is not for everyone. Federal guidelines recommend that **PrEP** be considered for people who are HIV-negative and at very high risk for HIV infection. This includes anyone who is in an ongoing relationship with an HIV-positive partner. It also includes:

- *Gay or bisexual men who have anal sex without a condom or have been diagnosed with a sexually transmitted infection within the past 6 months*
- *Intravenous drug users (IDU)*
- *Sex workers*
- *Heterosexual men or women who do not regularly use condoms during sex with partners of unknown HIV status who are at substantial risk of HIV infection (e.g., people who inject drugs or women who have bisexual male partners)*

### Contact **LIAAC** for:

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