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The Long Island Association for AIDS Care supports National Minority Health Month.

April is National Minority Health Month, created by the Office of Minority Health to raise awareness on the health disparities that continue to affect racial and ethnic minorities. The theme for 2016 is “Accelerating Health Equity for the Nation,” which aims to draw attention to underserved populations in hopes of providing equal health care for all Americans.

According to Suffolk County’s 2014 Community Health Assessment, in 2011, heart disease, cancer, and stroke comprised three of the top six leading causes of death in Suffolk County. The Office of Minority Health found that, nationally, African American adults are 40% more at risk to have high blood pressure, and in 2010, African American adults were 30% more likely to die from heart disease than non-Hispanic whites.

In recognition of National Minority Health Month 2016, the Long Island Association for AIDS Care will be implementing a social media campaign on Facebook which will provide tips for health, health care resources, and facts about current rates of illnesses in ethnic and racial minorities. This social media campaign aims to help raise awareness for the inequity that ethnic and racial minorities face in health care while simultaneously providing resources for those in need. Join the conversation about minority health on our Facebook page at <https://www.facebook.com/LIAAC.inc> .

For more information, call our toll free hotline at 1-866-236-3448.

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