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The Long Island Association for AIDS Care recognizes National Recovery Month

National Recovery Month is observed in September to educate Americans about the services that can help those with mental health and substance abuse disorders live a healthy, rewarding life. National Recovery Month celebrates the achievements made by those in recovery and seeks to reinforce the positive message that treatment is effective and people can and do recover.

National Recovery Month also seeks to encourage citizens to take action to expand the availability of prevention, treatment, and recovery services for those in need. In 2014, Nassau County reported 148 deaths and Suffolk County reported 207 deaths resulting from heroin and prescription opioid overdose. Among New York State counties for which 2014 data was available, Suffolk County had the highest reported rate of deaths in which heroin was a contributing factor. These deaths are entirely preventable and with proper treatment and counseling, those suffering from substance abuse and mental health issues can make a full recovery.

In recognition and support of National Recovery Month, the Long Island Association for AIDS Care will be providing educational resources and HIV, Hepatitis C, and STI testing at substance abuse and mental health treatment facilities across Long Island throughout the month of September. These events will be open only to those in treatment; however, if anyone is interested in being tested, please call our toll free hotline at 1-866-236-3448.

For more information on how LIAAC is celebrating National Recovery Month, visit our Facebook events page at <https://www.facebook.com/LIAAC.inc/events> or call our toll free hotline at 1-866-236-3448.

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